

July/August 2021 Newsletter

PRESIDENT Dr.M Ganesh Kamath

PRESIDENT ELECT Dr.N.Mallikarjuna Reddy

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Dr.Nitin Kekre

HON. SECRETARY Dr.G.Chengalvarayan

SECRETARY ELECT

Dr. V.Surya Prakash

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Dr. Santosh Kumar Dr .Chandramohan Dr. Vijay Radhakrishnan Dr. Siddalingeshwar Neeli

EX OFFICIO MEMBERS

Dr. L.N.Dorairajan Dr. Bharat KShatri Dr .N.Mallikarjuna Reddy Dr Prasad Cheeramattom

President's Message



GREETINGS FROM MY DESK!

TRUST YOU AND YOUR FAMILY HAVE PRESERVED YOUR HEALTH DURING THE EXTENDED PERIOD OF GLOBAL PANDEMIC. MY HEART GOES OUT TO THOSE OF YOU WHO HAVE LOST THEIR KITH AND KIN AND PRAYERS FOR EARLY RECUPERATION. IT IS PAINFUL TO LEARN MANY OF YOU SUFFERED THE INFECTION DESPITE THE FULL COURSE OF VACCINATION BUT HEARTENING TO NOTE MAJORITY HAVE RETURNED TO CLINICAL WORK.

IT HAS BEEN A HUMBLING AND NOVEL EXPERIENCE FOR ME TO COMPLETE MY PRESIDENTIAL TERM SANS THE JOY OF PHYSICALLY MEETING COLLEAGUES. I FORMALLY TOOK UP OFFICE AFTER THE GBM IN DECEMBER 2020 RECEIVING THE CUSTOMARY ASU PRESIDENTIAL MEDAL FROM THE INCUMBENT DR NITIN KEKRE VIA A COURIER FROM VELLORE . WE HAD SAILED SUCCESSFULLY PAST THE FIRST WAVE OF COVID AND WERE LOOKING FORWARD TO A NORMAL LIFE POST VACCINATION WHICH WAS INITIATED IN JANUARY. IT IS UNFORTUNATE OUR NATION SUFFERED A DISASTROUS 2ND WAVE AT A GREAT HUMAN COST AND WE SURVIVED TROUBLED TIMES. CONSEQUENTLY OUR ORGANISATIONAL FUNCTIONING TOO HAD TO BE RESTRUCTURED AS PER PREVAILING RESTRICTIONS AND ASU RESIGNED TO AN EXTENDED PERIOD OF VIRTUAL FUNCTIONING. I MUST CONGRATULATE THE ENTIRE FRATERNITY FOR SUPPORTING THE ASU TEAM AND ACCEPTING OUR DECISIONS WHOLEHEARTEDLY. I COMMEND MY FELLOW COUNCIL MEMBERS FOR WORKING IN UNISON AND SPIRITEDLY TO PRESERVE BOTH ADMINISTRATIVE AND ACADEMIC ACTIVITY.

WE ENCOUNTERED MANY A HICCOUGH DURING THIS PERIOD AND THE CONDUCT OF THE GBM AND ELECTIONS WAS IN LIMBO BECAUSE OF DISRUPTED FUNCTIONING IN THE OFFICE OF THE REGISTRAR OF SOCIETY ON ACCOUNT OF THE PANDEMIC LOCKDOWN AS WELL AS A CHANGE IN THE STATE GOVERNMENT. OUR SECRETARY DR CHENGALVARAYAN WORKED TIRELESSLY TO SECURE THE PERMISSION FOR A VIRTUAL GBM AT THE PROVERBIAL ELEVENTH HOUR. AS WE BATTLED WITH DEADLINES AND THE MODUS OPERANDI FOR THE PRESIDENT ELECT ELECTIONS, ONE OF THE TWO CONTESTANTS GRACEFULLY WITHDREW. THIS SELFLESS ACT ENDORSES MY BELIEF IN THE SPIRIT OF CAMARADERIE AND SACRIFICE THAT EXISTS AMONGST OUR COLLEAGUES, ATTRIBUTES VITAL FOR PRESERVING UNITY AND GROWTH OF ANY ORGANISATION.

OUR ANNUAL MEETING SCHEDULED FROM 6TH AUGUST 2021 PROMISES TO OFFER SOMETHING DIFFERENT FROM THE FLOOD OF WEBINARS WE ARE WITNESS TO OVER THE LAST 15 MONTHS. THERE IS SOMETHING OF INTEREST TO EVERYONE AND I URGE YOU TO REGISTER AND PARTICIPATE WITH THE SAME VIGOR AS IF IT WERE A PHYSICAL EVENT.

I AM GRATEFUL TO ALL OF YOU FOR GIVING ME THIS OPPORTUNITY TO SERVE THE ZONE AND I THANK MY COUNCIL FOR SPARING YOUR TIME AND ENERGY FOR COUNCIL MEETINGS, ACCEPTING CRITICAL DECISIONS AFTER DEBATE AND WHOLEHEARTEDLY SUPPORTING ALL ACTIVITIES DURING MY TERM, THE WORK HORSE OF ASU IS THE SECRETARY, IT IS TO THE CREDIT OF DR CHENGALVARAYAN FOR RISING TO THE TASK AND DOING IT COMMENDABLY. I WELCOME DR.MALLIKARJUNA REDDY THE INCOMING PRESIDENT AND WISH HIM GOOD LUCK AND SUCCESS IN HIS OFFICE.

LET THE SPIRIT OF ASU INSPIRE US TO GREATER HEIGHTS.

Regards

M.GANESH KAMATH



Secretary's Message



Dear everyone, Greetings from ASU. Thank you for your patience on " when shall we meet " in this crucial year of only virtual expressions. The ASU continued its regular activities on the web platform this year. We conducted two webinars and one chairperson workshop this year. Apart from that a few improvements like getting a webplatform of our own, creating a pool of chairpersons and speakers from the representative states and to also calling for applicants to host the ASU travelling fellowship program every year. At this juncture I should thank My President Dr.M.Ganesh Kamath for the trust he had in me and liberty which i was able to work for the ASU. The everpleasing look and the support of the council was one of the keys in completing this successful year.

As you know this year the SZUSICON 2021 if fully organized by the ASU. We have given our best to organize a good conference with appreciable scientific content and if possible a few nonscientific light show as well.

We look forward to all your support for now and the future

Regards G. Chergebasaya (Dr.G.Chengalvarayan)



Scientific schedule for SZUSICON 2021

SCHEDULE- DAY 1- AUGUST 6TH

Session 1 : 4.25 to 5.40PM Prof.V.Ravindranath Best paper prize

Session 2 : 5.45 to 6.15 PM ASU best poster

Session 3: 6.20 to 6.50 PM INAUGURATION

Session 4 : 6.55 to 7.20 PM Prof. H S Bhat oration " Tranformation of a urosurgeon –open to PCNL: My experience" Speaker : Dr Suresh Bhat, Kottayam

Session 5: 7.25 to 7.55 PM ASU best poster

Session 6 : 8 pm to 8.40 PM Invited guest lecture "The changing landscape of news media " Speaker : Mr Sashi Kumar Print and broadcast journalist , filmmaker & media entrepreneur

Session 7 : 8.45 pm to 9.15pm Prof. P B Sivaraman endowment guest lecture "The prostate has come as circle" Speaker : Dr.Ram Gopal Director of urology services, Jackson memorial Hospital, Miami,Florida



Scientific schedule for SZUSICON 2021

SCHEDULE- DAY 2- AUGUST 7TH

Session 1 : 4.25to 5.40PM Bangalore urological society best video prize

Session 2 : 5.45pm to 6.30 PM Khivraj memorial symposium "Translating research into Uro onco practice – Scientific Analysis " Convenor : Dr.M Gopichand, Hyderabad

Session 3 : 6.35 to 7.05PM ASU NU Hospitals Bengaluru pediatric urology debate "RIRS vs PCNL in a child" Moderator : Dr.Venkatesh Krishnamoorthy

Session 4 : 7.10 to 7.40PM Dr.N.Jeyasekharan medal for ideas and innovations

Session 5 : 7.45 to 8.25PM Invited state papers

Session 6 : 8.30 to 9.15PM Black pearls



Scientific schedule for SZUSICON 2021

SCHEDULE- DAY 3- AUGUST 8TH HALL A

Session 1 : 9.00 am to 9.30 am Reconstructive urology - are results guaranteed "Hypospadias repair " "Ileal reconstruction of ureter in GUTB"

Session2 : 9.35am to 10.10am Andrology Debate "Donor insemination in Indian context – Yes or No"

Session3 : 10.15am to 10.45am Point of view Robotic partial nephrectomy without intraop ultrasound Post PCNL Angioembolization

Session 4: 10.50 am to 11.20 am Uro-Oncology Debate "Organ confined Ca prostate to cut or burn"

Session 5 : 11.25 AM to 12.10 PM ASU Quiz o mania

Session 6 : 12.30pm Virtual Annual General Body Meeting

Session 7: 2.00pm Valedictory Function



Scientific schedule for SZUSICON 2021

HALL B

Session 1 : 10 amto 10.35 am Female Urology Buccal mucosa graft for stricture urethra in female Preop stenting in Gynaec surgeries- yes or no Stress leak: had I not operated

Session 2 : 10.40am -11.10AM Resident's corner - Covid : its influence on us A day in a resident's life Webinars: need of the day or one too many A teacher's sentiment

Hall C on all days On demand Papers

Hall D on all days On demand Posters

Hall E on all days On demand Videos

The details of the individual sessions are available in the website www.szusi.com

8th August 2021

12 30pm: Annual general body meeting 2 pm : Valedictory function



Nomination for the post of President elect

Three Nominations Dr.V.Avudaiappan Ponnambalavanan Dr.laxman prabhu G.G Dr. Joseph phillipraj

Since Dr.laxman prabhu and Dr.Joseph Phillipraj withdrew nomination, the only available nomination is Dr.AVUDAIAPPAN PONNAMBALAVANAN

CURRICULAM VITAE Dr.AVUDAIAPPAN PONNAMBALAVANAN



Name : Dr.AVUDAIAPPAN PONNAMBALAVANAN D.O.B.:12TH Sep.1954 ADDRESS: B-62,13th cross street, Maharajanagar, Tirunelveli, Tamil nadu, India627011. Email id : avudaiappan1954@yahoo.co.in



EDUCATIONAL QUALIFICATIONS:

- 1. M.B.B.S. -- 1971-77 Tirunelveli medical college,
- Madurai kamaraj university
- 2. M.S. (gen.surgery) -- 1980-82- Tirunelveli Medical
- college, Madurai kamaraj university
- 3. M.Ch. (urology)-- 1983-85 --Madras Medical College,

Madras university

- 4. Attended special training and work shops inUreterorenoscope and lithotripsy, 1994, Panipat.
- 5. Attended hands on training in PCNL and laparoscopic urology, Irwine, California, USA, 2015.

MERITS:

- 1. Madurai Kamaraj university Vadamalaiyan endowment Gold medallist for general surgery in the year 1982.
- 2. Recepient Dr. Phadke memorial travel fellowship for postgraduates in urology for the year 1984.

ACADEMIC CAREER :

- 1. Under graduate teacher for surgery for 20 yrs.
- 2. Post graduate teacher for M.S. general surgery
- 3. Retired as professor of urology
- 4. Organised many conferences and educational meets
- 5. President , Kanyakumari uro club
- 6. Council member, TAPASU
- 7. President, TAPASU
- 8. Council member, SZUSI

SPECIAL INTEREST:

Endo and open urological procedures for calculus disease. Cancer prostate.

MEMBERSHIPS:

- 1.Indian Medical Association -- IMA
- 2.Kanyakumari Urology Club -- KUC
- 3. Tamilnadu and Pondichery Urology Association --- TAPASU
- 4. South zone Urology Association -- SZ USI
- 5. Urological Society of India -- USI
- 6. Asian Urology Association -- AAU
- 7.Society International Urology --- SIU
- 8. American Urology Asssociation -- AUA
- 9. Canadian association of surgeons -- CAS
- 10. Society of laparoendoscopic surgeons-- SLS



AGENDA FOR THE VIRTUAL ANNUAL GENERAL BODY ON 8TH AUGUST 2021 AT 12 30pm

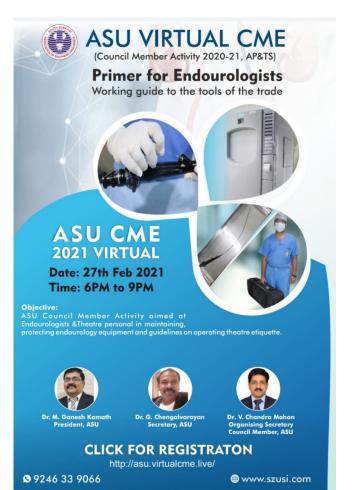
- 1.Call to order
- 2.Obituary
- 3. President's opening remarks
- 4. Confirmation of the minutes of the previous meeting
- 5. Honorary Secretary's report
- 6.Honorary Treasurer's report
- 7.Applications for fellowship/ awards
- 8.Prof H S Bhat orator 2022
- 9.Prof P.B.Sivaraman endowment guest lecture speaker 2022
- 10.New members, change in membership status.
- 11.Budget for forthcoming year
- 12. Academic activities of forthcoming year including ASU- Prof H.S Bhat midterm workshop 2022
- 13. Finalisation of accounts of the previous SZUSICON
- 14.Report on SZUSICON 2022
- 15.Venue for SZUSICON 2023
- 16.Venue for USICON 2025
- 17.State chapter meetings
- 18.Election of Office bearers
- 19. Letters from members if any for discussion.
- 20.Constitutional amendments
- 21.Any other matters

A separate non sharable individual link will be given to all full members to their Email on August 2021 for attending virtual AGM on 8th August 2021 at 12.30PM



Annual report

The State chapters meetings were already briefed in the previous Newsletter Council member activity Andrapradesh/Telengana 27th February 2021



| Scientific Program 27th Feb 2021/ 6PM TO 9PM | | | | | | | | | |
|--|------------------|--|-------|--|--|--|--|--|--|
| | Session + I | Topics Equipment Shop & Care | (min) | | | | | | |
| | Chairpersons: | Equipment shop & Care Dr. M. Gopi Chand, Dr. Kalyanram Kone, Dr. Balagopal Nair, Dr. K. N. Sanman Gouda | | | | | | | |
| ASU President | Talk: | A Beginner's Guide to Shopping Speaker: Dr. P. Vinod Kumar, Bengaluru, Karnataka | 8 | | | | | | |
| Dr. M. Ganesh Kamath | Video: | Cleaning & Sterilisation of Flexible Scope Speaker: Dr. B. Manas Babu, Hyderabad,AP & TS | 10 | | | | | | |
| ASU Secretary | Debate | Choosing the right replacement scopes & cameras New Speaker: Dr. P. Banu Teja Reddy, Hyderabad, AP & TS | 10 | | | | | | |
| Dr. G. Chengalvarayan | | Refurbished Speaker: Dr R Vishnu, Kochi, Kerala | 10 | | | | | | |
| | Session - 11 | Endourology & Infections | | | | | | | |
| Organising Secretary & ASU Council Member | Chairpersons: | Dr. M. Nagabhushana, Dr. M.Arul , Dr. Ch.Visweswar Rao, Dr K.M. Dineshan | | | | | | | |
| Dr. V. Chandra Mohan | Talk: | Endourology Surgery in HIV , Hbs Ag & Hep C Patients Speaker: Dr. N. Bhuvanesh Aradya , Dharwad, Karnataka | 8 | | | | | | |
| bi. v. chundra Monan | Video: | Theatre Discipline for Operation Room Personal / Staff Speaker: Dr. Rajadoss Pandian, Vellore, Tamilnadu | 10 | | | | | | |
| | Debate | Chemical Sterilisation is Enough Speaker: Dr. Nischith Dsouza , Mangaluru Karnataka VS | 10 | | | | | | |
| | | Plasma Sterilisation is the only answer Speaker: Dr. G. Manoj Kumar, Thiruvananthapuram, Kerala | 10 | | | | | | |
| | Session - 111 | Care & Training | | | | | | | |
| | Chairpersons: | Dr. R. Rajesh Kumar, Dr. Deepak Ragoori, Dr. Vinod. K.V. Dr. Vikram Prabha | | | | | | | |
| | Video: Debate | Endourology Free Lancer - Cleaning & Sterilisation perspective Speaker: Dr. Bala Prasanna , Trichy, Tamilnadu | 10 | | | | | | |
| | Debate | Training in Endourology Simulation | 10 | | | | | | |
| 9246 33 9066 | | Speaker: Dr. K. Seshu Mohan, Hyderabad, AP & TS | | | | | | | |
| 9246 33 9066 www.szusi.com | | VS Hands on Speaker: Dr. Anoop K. Sankar, Thrissur, Kerala | 10 | | | | | | |
| | Quiz | Dr. UA. Hemnath , Hyderabad, AP & TS | 20 | | | | | | |

This webinar concentrated on the basics of instrument maintenance, sterilization, theatre discipline and also a short debate. The programme was well attended and extremely useful.



Annual report

Council member activity Karnataka 9th April 2021



| AGENDASPEAKERSTIMEWELCOMEDr. Ganesh Kamath, President ASU Dr. Chengalvarayan, Secretary ASUS minTALKINTRODUCTION TO OFFICE UROLOGY Dr Ganesh Kamath10 minPOINT - COUNTERPOINTULTRASOUND IN UROLOGIST'S OFFICE Urologist should operate it Dr. Avudaiappan. P Radiologist cannot be replaced Dr. Harish Mardavada30 minTALKOFFICE URODYNAMICS Dr. Ali Poonawala30 minDEBATEOFFICE CYSTOSCOPY Moderator: Dr. Maliliarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna V/s Flexible cystoscopy is a must Dr. Rakesh Sharma30 minPANEL DISCUSSIONLEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators: Dr Chengalvarayan Dr S I Neeli Panelists: Dr. Lalit Shah Dr. Prakash60 minCLOING REMARKS Dr Ganesh Kamath Dr. Chengalvarayan5 min | Association | SCIENTIFIC PROGRAMME | | | | | | | | | | |
|---|-------------|----------------------|--|--|--------|--------|--------|--|--|--|--|--|
| Dr. Chengalvarayan, Secretary ASU5 minTALKINTRODUCTION TO OFFICE UROLOGY Dr Ganesh Kamath10 minPOINT - COUNTERPOINTULTRASOUND IN UROLOGIST'S OFFICE Urologist should operate it Dr. Avudaiappan. P Radiologist cannot be replaced Dr. Harish Mardavada30 minTALKOFFICE URODYNAMICS Dr. Ali Poonawala30 minDEBATEOFFICE CYSTOSCOPY Moderator : Dr. Mallikarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna v/s Flexible cystoscopy is a must Dr. Rakesh Sharma30 minPANEL DISCUSSIONLEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators : Dr Chengalvarayan Dr S I Neeli Panelists : Dr. Lalit Shah Dr. Anup Kumar Dr. Shyam Babu Prasad Dr. Prakash60 minCLOING REMARKSDr Ganesh KamathEurin | | AGENDA | ENDA SPEAKERS | | | | | | | | | |
| Dr Ganesh Kamath10 minPOINT - COUNTERPOINTULTRASOUND IN UROLOGIST'S OFFICE Urologist should operate it Dr. Avudaiappan. P Radiologist cannot be replaced Dr. Harish Mardavada30 minTALKOFFICE URODYNAMICS Dr. Ali Poonawala30 minDEBATEOFFICE CYSTOSCOPY Moderator : Dr. Mallikarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna V/s Flexible cystoscopy is a must Dr. Rakesh Sharma30 minPANEL DISCUSSIONLEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators : Dr Chengalvarayan Dr S I Neeli Panelists : Dr. Lalit Shah Dr. Prashant Mulawkar Dr. Anup Kumar Dr. Shyam Babu Prasad Dr. Prakash60 minCLOING REMARKSDr Ganesh KamathEmin | | WELCOME | | | | | 5 min | | | | | |
| COUNTERPOINTUrologist should operate it Dr. Avudaiappan. P Radiologist cannot be replaced Dr. Harish Mardavada30 minTALKOFFICE URODYNAMICS Dr. Ali Poonawala30 minDEBATEOFFICE CYSTOSCOPY Moderator : Dr. Mallikarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna v/s Flexible cystoscopy is a must Dr. Rakesh Sharma30 minPANEL DISCUSSIONLEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators : Dr Chengalvarayan Dr S I Neeli Panelists : Dr. Lalit Shah Dr. Prashant Mulawkar Dr. Anup Kumar Dr. Shyam Babu Prasad Dr. Prakash60 minCLOING REMARKSDr Ganesh KamathEmin | | TALK | | | ROLOGY | 10 min | | | | | | |
| Dr. Ali Poonawala 30 min Dr. Ali Poonawala 30 min DEBATE OFFICE CYSTOSCOPY Moderator : Dr. Mallikarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna v/s Flexible cystoscopy is a must Jor. Rakesh Sharma DISCUSSION LEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators : Dr Chengalvarayan Dr S I Neeli Panelists : Dr. Lalit Shah Dr. Prashant Mulawkar Dr. Anup Kumar Dr. Shyam Babu Prasad Dr. Prakash For Ganesh Kamath | | | Urologist should Dr. Avudaiappar Radiologist can | d operate it n. P not be replace | | | 30 min | | | | | |
| Moderator : Dr. Mallikarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna v/s 30 min Flexible cystoscopy is a must Dr. Rakesh Sharma 30 min PANEL DISCUSSION LEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators : Dr Chengalvarayan Dr S I Neeli 60 min Panelists : Dr. Lalit Shah Dr. Prashant Mulawkar Dr. Shyam Babu Prasad Dr. Prakash 60 min | | TALK | Dr. Ali Poonawala OFFICE CYSTOSCOPY Moderator : Dr. Mallikarjun Reddy- Rigid cystoscopy is my choice Dr. Vijay Radhakrishna v/s Flexible cystoscopy is a must Dr. Rakesh Sharma LEGAL AND INSURANCE ISSUES IN OFFICE UROLOGY Moderators : Dr Chengalvarayan Dr S I Neeli Panelists : Dr. Lalit Shah Dr. Prashant Mulawkar Dr. Anup Kumar Dr. Shyam Babu Prasad | | | | 30 min | | | | | |
| DISCUSSION Moderators : Dr Chengalvarayan Dr S I Neeli 60 min Panelists : Dr. Lalit Shah Dr. Prashant Mulawkar Dr. Anup Kumar Dr. Shyam Babu Prasad Dr. Prakash 60 min CLOING REMARKS Dr Ganesh Kamath Emin | | DEBATE | | | | | 30 min | | | | | |
| Emin | | | | | | | 60 min | | | | | |
| | | CLOING REMARKS | | | | | 5 min | | | | | |

This virtual CME was conducted with objective to understand the concepts of office urology, learn to organize an office setup and tackle the challenges faced in its practice. It was attended by 125 urologists and was well received



Annual report

ASU Travelling fellowship 2021



The ASU thanks the support rendered by Dr.Appu Thomas and Dr.Ginil kumar in hosting the ASU travelling fellowship at the Amrita institute

Here is what our fellows wanted to say.. Srinath Reddy



Like Albert Einstein said "the only source of knowledge is experience". My experience at Amritha hospital is knowledgeable. Firstly I want to thank the ASU society for giving this opportunity and selecting Amritha hospital for the travel fellowship programme. It's a great pleasure for me to witness a proper oncology department with a well streamlined tumour board and multidisciplinary management protocols. Apart from witnessing many robotic, laparoscopic and endourological procedures, attended post op clinical rounds and tumour board discussions. This fellowship programme has infused a new thought process of choosing uro-oncology as a subspeciality. A word of thanks to Dr. chengalvarayan sir ASU secretary, for executing this programme smoothly.



Annual report

Prasana Selvaraj



I really enjoyed this 1 week at AIMS Kochi. I learnt a lot, be it the dedication shown in managing pts or the evidence based protocols adhered. These patients are truly blessed. It really instilled the essence of a subspecialty in me which is very much needed. I thank Ginil sir for giving his maximum support to take care of us and teach us in these grim covid times. I also thank ASU and chengalvarayan sir for this wonderful programme. Thank u very much sir.

Shalabh Agarwal



I would like to thank ASU for giving me this opportunity. I have gratitude for Amrita hospital for allowing me to pursue ASU fellowship during this difficult COVID times. Working in Urooncology department has inculcated the need of subspecialty in me. It was heartening to see the practice of evidence based medicine as well as the dedication and care with which patient were served by this institute. During my fellowship training in Amrita , I got exposure to various robotic and laparoscopic procedures. I was privileged to be a part of various academic activities and Tumor board discussions. Thank you ASU and ASU secretary Dr. Chengalvarayan sir for this learning exercise and lifetime experience.



Annual report

Dr. John Peter



Introduction: Association of southern Urologists (ASU) grants travel fellowships for Urology Residents every year based on review paper preparation. This year, the fellowship was organised in coordination with Department of Urology and Uro-oncology, Amrita Institute of Medical Sciences. I am thankful to ASU for granting me the fellowship for the year 2020 and to Amrita Institute of Medical Sciences for giving me the best experiences and insights during the same. My fellowship period was from 5th to 11th April, 2021.

The program: After reporting for the program, I was given an orientation on the programme. I was able to observe various surgical procedures including two robotic partial nephrectomies, could attend various academic activities and a tumour board discussion. I could also take part in post operative ICU rounds and be part of bedside clinics.

The experience: This one week of fellowship has helped me to acquaint with the excellent treatment facilities and patient care that Amrita Institute of Medical Sciences provide. I could also witness the best infrastructure, the latest advancements and technological innovations available. But the most inspiring experience was the interactions with the dedicated teachers, who utilise every opportunity to impart knowledge to their students. The post graduates of the department were also very helpful and accommodation and helped me to feel at ease at all times.

The novelties: In my parent institute, we only do open surgeries. The minimal access surgeries I saw here were quite new to me. I was able to attend both laparoscopic as well as retroperitoneoscopic surgeries during the fellowship period. But the bigger attraction was the robot assisted surgeries. The elaborate anatomical details seen along with the wide access and the assisting robot were totally new to me. The preop procedures including patient positioning, port placements (different from laparoscopy), docking were all detailed to me.



Annual report

The level of preoperative preparations and planning involved and their importance during the surgeries were explained to me. For the minimal access and robotic surgeries, the preoperative imaging and its importance were reiterated to me for each case. I saw how even small anatomical details could influence these surgeries. The huge levels of paper works involved foreach patient was also new to me.

Another important thing which I learned in this programme was the high level of precision and attention to detail involved in each step of surgery. I was taken aback by the patience shown by the surgeons to achieve the maximum favourable outcome for the patient – be it in securing each single knot or achieving maximum possible hemostasis or obtaining the optimum exposure by dissection or staying in the perfect plane for dissection or achieving the best cosmetic scar; it was something rare to see elsewhere.

The postoperative wards also taught me a lot, especially in the principles of ERAS. The elaborate postoperative instructions given for early recovery, the way in which each patient is being addressed and talked to, the way in which the bystanders were counselled- all made me understand that I have a lot of scope for improvement.

The insights: This one week gave me the glimpse of a whole new world. I realised that the technological advances and improvements in modern medicine always compliment our the competency, compassion and the constant urge for improvement. All the more, this programme has helped me in identifying areas which I need to improve and update.

The epilogue: I am extremely grateful to the department of Urology and Uro-oncology at Amrita Institute of Medical sciences for providing such a wonderful experience. All the faculty were extremely supportive and guided me through the programme. They reiterated the importance of learning new skills and staying up to date. I am also thankful to Uro-oncology fellowship members who were always with me and helped me. A heartfelt thanks to all the postgraduates of Urology department who helped me through these days and kept me in good company. I would also like to thank the other staff including nurses, OT staff and the physician assistants who helped me to achieve the maximum through this fellowship programme.



Annual report

Chairpersons medical writing workshop conducted on 28th May 2021



"Chairpersons Medical Writing Workshop" was conducted online under the aegis of Association of Southern Urologists on 28th May 2021 at 6.30 pm.

The welcome address was given by the President Dr. Ganesh Kamath and the program was done with the vision of Dr. Nitin Kekre, Past President and the Chairperson of the program. Dr. Santosh Kumar, Organizing Secretary chalked out the elaborate scientific program.Associate Editors and eminent board members of Indian Journal of Urology were the faculty for the workshop.

The first half an hour was dedicated to the Basics of Medical Writing. The second session was the most interesting where online peer review of pre-circulated abstracts was done by the state team of selected chairpersons; one from each of the four states chapter in the south zone. There was an enthusiastic participation in this session. The chosen representatives from each zone helped improve the pre-decided abstracts given to them. There were talks on difficult topics like Study Designs and Understanding basics of medical statistics.

The last session included lectures on Online Etiquettes and the Role of a chairperson. The session was concluded by the remarks given by Dr. Nitin Kekre and Vote of Thanks by our dynamic Secretary Dr. Chengalvarayan.

The program was well attended by around 150 participants. The participants gave an excellent feedback regarding the program which was indeed gratifying.



State column

Tamilnadu and pondicherry

Midterm CUE of TAPASU was conducted in virtual mode on the topic "Advances in urethral reconstruction in men and women" on May 8 and 9 by the Urology Dept, JIPMER Pondicherry. Dr R Manikandan was the Organiaing chairman and Dr Sreerag KS was the organizing secretary. About 25 eminent faculty members, most of them TAPASU members, shared their wealth of knowledge and expertise during the program. More than 110 delegates attended the program.

State-level quiz was conducted by TAPASU for Urology postgraduates in an online platform on 13 June. 72 postgraduates appeared for the quiz . Dr C. Ponraj organized the quiz and Dr. S. K. Subhakanesh MS Mch and Dr. A. Larif MS Mch Dip NB of Thirunelveli Medical College were the quiz masters. Dr Nikhil Ameer Chetty from Madras Medical College, Chennai, Dr Deepanshu Aggarwal from JIPMER, Puducherry and Dr Sandeep Prasad from Madras Medical College, Chennai won the first, second and third prizes respectively and the team represented the state in the zonal Urology quiz competition.

A condolence meeting was conducted by TAPASU on the occasion of the sad demise of Prof Rabindranath sir on 4th july. The participants in the meeting highlighted the stellar contributions of Prof Ravindranath to the growth of Urology as a discipline in the society, practice of Urology and the society in general.

Kerala

Annual meeting and AGM of Urological Association of Kerala was conducted in a Virtual platform on 24 Jan 2021, from Hotel Windsor Castle , Kottayam. Although 197 registered, 101 only attended. The meeting was well organized with Review Paper, Prof. Roy Chally Oration, Poster Presentations, International Faculty Presentation from USA, by Dr KurshidGhani and Prof. Raju Thomas, President Elect, AUA . There was Best Podium Papers and Best Video Presentations and Uro Quiz. We have taken decision in the GB meeting to form 3 sub committees viz. Legal, Academic and Membership. The Sub committees have been supporting the activities of UAK. Webinar on "Male Infertility" was organized on 9 th May 21, which discussed Practical issues in Sperm Retrieval, Ethical and Legal issues in the management, and Clinical Challenges. The Mid Term Conference could not be conducted due to the Second Wave of Covid 19.



The selection for ASU/UAK travel fellowship for PG s was based on an Essay competition – "Vascular Interventions In Urology". A webinar on "Prostate cancer – Tumour Board" was conducted on 20 th June 21. Cases were discussed by a Panel of Medical Oncologist, Uro Oncologist, Urologist, Pathologist and Radiation Oncologist. This was well attended.

The Review Paper Topic, for UAK Annual Conference was "Effect of Covid 19 in GU system " The Annual Conference will be held in October 21, hosted by Dept Of Urology, MCH, Kottayam and UAK, at Kottayam. Abstracts have been invited. We are glad to inform you all that, we have acquired an office space for UAK at IMA House , Kozhikode. The very idea of having a Scientific Organisationis to promote Academic Activities and support the Post Graduate Trainees to be best equipped, by the time they Complete their course. UAK is striving hard to achieve that Goal.

Dr. Prasad A. Cheeramattam, President, UAK Dr. Fredrick Paul, Hon. Secretary, UAK.

20.7.2021

Forthcoming events

32nd annual conference of the ASU - SZUSICON 2021 6th ,7th and 8th of August 2021

9th ASU - H S Bhat midterm workshop ,Trichy 21st November 2021



Obituary



Prof V Ravindranath

Born on 20/6/1951 Expired 26/6/2021

We are sorry and sad to inform that Prof V Ravindranath has left us all for heavenly abode. Prof Ravindranath was a tall figure in the Urological society of India and the Past President of Association of Southern Urologists in 1994_95 Prof Ravindranath did his MBBS from Madurai University in 1974. He did his M S General surgery in 1977 from Madurai Kamaraj University and M Ch Urology from Madras University in 1981. He had worked as Professor and Head in various Govt medical colleges in Tamilnadu. He also had good organizational capabilities and had organised many conferences with one in Kodaikanal in 1995 still fresh in our memories Prof V Ravindranath had instituted the travelling fellowship in his name in the Association of Southern Urologists known as Prof V Ravindranath travelling fellowship which lot of young urologists utilised to advance their skills. The Best paper prize in SZUSICON is in his name. It is a great loss to the Urological society of India and Association of Southern Urologist.